

Sail away with us on the Mar Menor!

I hope you have been following my articles on "Birds of the Mar Menor" normally featured in this spot. Next week I will continue with information on Hoopoes and Bee-eaters, however, this week I am going to give you an update on our water activities.

Things have moved on a bit since we first introduced ourselves back in April and I would like to fill you in on the developments.

We have recently purchased a number of windsurfers, so we can now offer windsurfing lessons and rentals. These are located at Mar de Cristal, so we will normally run windsurfing activities from there. If you want to find us we are located half way between Pepe's bar and the wooden beach café. You should see a sign next to the promenade and a flag outside our house.



We have also purchased another boat which will enable us to take classes with up to four people. This boat could also be rented out by a small group. The helm would need to be a competent sailor, as we don't want to lose anyone... Sailing activities are still running from Playa Vivero, La Manga.

We now offer a number of courses both for windsurfing and sailing. If you would like to follow a set programme based on the RYA (Royal Yachting Association) levels 1 & 2, you can develop your skills and take away a certificate which will indicate the techniques you have learnt. These courses can be tailored to your schedule, so, if you would like to take a

lesson each week over a number of weeks, or you would prefer to have more concentrated tuition over a couple of days, either are possible.

You may have noticed that we have been running a number of special offers during the early season, these will continue until the end of June. So, if you want to get out on the water before the crowds arrive, you can benefit from both lower prices and more space on the water!



Kayaking is now available from both our centres. We normally run Kayak Safaris from Playa Vivero, due to the proximity to the islands within the Mar Menor. I would recommend that if you wish to come on a

Safari to see the birds on the Mar Menor you come for an evening trip (4-8 pm) as the birds are more active at this time and the heat less intense for paddling.

A number of people have mentioned that they have come down to Playa Vivero to see us and we haven't been there. We only go to the Sailing Club when we have pre-booked activities lined up and therefore if you turn up on spec you may not find us. We do recommend that you always call (or email) to let us know you are coming, and remember, since we now also operate from Mar de Cristal, you may also find us there.

Lesley Singleton
AQUA ADICTA

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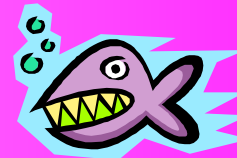
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